

Poststroke Experiences and Needs in South Asian Communities: A Narrative Review

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ABSTRACT

South Asian countries experience a higher burden of stroke and poorer functional outcomes after stroke compared to the rest of the world. However, the unique poststroke needs of the South Asian community and opportunities for community-based services to address these needs have been little explored in the stroke literature. The aim of this review is to find what is the current knowledge base related to the experiences and needs, including unmet needs, of people living with stroke and their caregivers from South Asian countries. Total 357 full text published articles from PubMed and

Scopus from 2020-2025. After duplicate deletion only 140 articles were left for screening and finally 37 full text articles related to research were further analysed at full text level. Out of which only 4 articles were selected and included in the review for analysis.

The studies intend to synthesise existing studies on the poststroke experiences and needs of individuals from South Asian communities to uncover opportunities for community-based resources to address these needs.

Keywords: Lived experiences, South Asian countries, Unmet needs.